

Athletic Handbook & Code



2016-2017
Year Round Policy

“Participation in Interscholastic Athletics is a Privilege Not a Right”

Congratulations and Welcome to the athletic program at Galesburg High School. We are happy that you want to be a part of the Silver Streak tradition. We will strive to do our best in making your experience in athletics a rewarding one for you.

We encourage our students to become involved in one or more activities, as we believe they enhance, enrich, and expand the academic program. We also hope you realize some satisfaction and enjoyment for your participation.

Learning to be a part of a team or group, to cooperate, to be a good sport, good loser, and a gracious winner, are all important lessons in life. Athletes are challenged in athletics to become “winners.” It is hoped that you can accept and successfully meet this challenge.

This athletic handbook is prepared so athletes and their parents may have a better understanding of our expectations and policies, which affect their participation. Please read these pages and discuss with us any concerns or questions you may have. Our goal is to have teamwork between students, parents, coaches, and the athletic administration.

Statement of Philosophy

Athletics is an integral part of the total education program for Community Unit District #205. Experiences through athletics contribute greatly to the knowledge, skills, and emotional patterns, which the student possesses. Representing Galesburg High School is a privilege, which carries with it, responsibilities to the school, to the team, to the student body, to the community, and the athletes themselves. The athletic program is designed to optimally develop the physical skills, positive self-image, confidence, leadership, teamwork, and work ethic of students. Students are encouraged and motivated to want to win and to excel within the principles of good sportsmanship and fair play.

Objectives

- To provide the opportunity for active participation in co-curricular activities
- To teach the spirit of competition
- To teach new skills and offer opportunities to improve those already possessed
- To provide opportunities to learn the benefits of following rules
- To provide the opportunity to observe and practice good sportsmanship

Sportsmanship

The purpose of athletics is to learn and demonstrate high standards of sportsmanship, ethics, and integrity in our schools and society. The value of the lessons learning by exhibiting good sportsmanship will last a lifetime. If we ever lose sight of that, then athletics, or any co-curricular activity, is not worth sponsoring. The positive actions of athletes at athletic events influence how our school is perceived in our own community and the communities of those schools we meet on the field of play.

We expect the same type of respectful behavior exhibited in the athletic arena as we do in the classroom.

When one purchases a ticket to an athletic event, one is given the privilege to view the action and to voice support of the teams. We want that support to be in a positive tone, so that the educational value of these events is completely developed and clearly communicated to our students.

Parent/Coach Communication

Both parenting and coaching are extremely difficult undertakings. By establishing an understanding of each position we are better able to accept the actions of the other and provide greater benefits to our student athletes. As parents, when your child becomes involved in our programs you have a right to understand what are the expectations. This begins with clear communication from the coach of your child's program.

Parents should expect the following from the coach:

- Philosophy of the coach
- Expectations of the team
- Practice and game schedules
- Team requirements, such as special equipment, etc.
- Team rules
- Selection Criteria

Coaches should expect the following from the parents:

- Schedule conflicts well in advance
- Specific concerns regarding philosophy and/or expectations of the coach
- Concerns expressed directly to the coach

Appropriate Concerns to Discuss with Coaches:

- The treatment of your child mentally and physically
- Ways to help your child improve
- Concerns about behavior

Parent/Coach Communication (Continued)

Issues Not Appropriate to Discuss with Coaches:

- Playing time
- Team Strategy
- Play Calling
- Other Student Athletes

Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parents and the coach. Meetings of this nature do not promote resolution.

Athletes should discuss their concerns with the coach first. If this does not result with the satisfaction of the athlete, the parent should then contact the coach. If the meeting with the coach does not provide a satisfactory resolution, the parents should then contact the Athletic Director.

Physical Examinations

Any athlete who desires to participate in interscholastic athletics must have an examination by a physician prior to participation. The physical is valid for 13 months from the date given.

The Booster Clubs from Galesburg High School, Lombard, Churchill, and Costa sponsor an All Sports Physical Night, usually the first Monday in June.

Insurance

Board of Education policy of Community Unit School District #205 requires that students who participate in interscholastic sports have adequate insurance protections. This can be accomplished in one of two ways:

- By having adequate family insurance at home
- By purchasing the accident policy made available through the school at a nominal fee

Emergency Treatment

All athletes should have on file in the athletic office an emergency treatment card granting permission to a trainer, physician or other hospital personnel to attend to the athlete in case the parent or guardian cannot be reached. Every effort will be made to contact parents.

Courtesy

Athletes are to address all coaches as Mr., Mrs., Ms., or Coach. First or last names are not appropriate, therefore, not allowed.

Athletic Equipment

In most sports, practice and/or game equipment will be issued to athletes. Athletes will be responsible for said equipment.

All equipment will be returned when the athlete finishes the sport, either at the end of the season or upon quitting the sport. This is to be done immediately.

The athlete is responsible to pay for any equipment if it is lost or destroyed through the athlete's negligence. Cost of equipment will be determined by the Athletic Director and will be based on replacement cost of equipment.

School-owned equipment is to be worn only at scheduled practices or games/meets. Athletes may wear their jersey on days of game with the approval of the coach.

Awards, letters, or diplomas may be withheld from participants if school-owned materials are not returned or replacement cost paid.

Training Room

The purpose of this room is to care for and prevent athletic injuries. Athletes may visit the trainer as the need arises. The training room will be staffed with a certified athletic trainer who works very closely with the medical facilities in the community.

Attendance at Practices

An athlete must attend all scheduled practices, unless permission to miss a scheduled practice is obtained from the coach prior to the practice. If a student is absent from school, the student should not attend practice that day unless pre-approved by the athletic office. A student will not be permitted to come out for any sport one week after practice has begun unless the student was sick, injured, on vacation, or on other necessary trips with parents. It will be the student's responsibility to notify the coach as to the reason for the impending absence prior to the start of practice.

Open Gyms

1. The gymnasium or field is open to all students in high school for participation. Excluded are students who are currently suspended from school. (*Schedules will be announced to the student body and will also be posted across from the athletic office.*)
2. A variety of recreational activities are available during the course of the year.
3. There is no coaching or instruction in the skills and techniques in any sport at any time.
4. Participation is voluntary and is not required directly or indirectly for membership on a high school squad.
5. Comparable opportunities are afforded to all participants.
6. Supervisors of open gyms are responsible for maintaining conduct and sportsmanship that is consistent with school and athletic department standards. Students with inappropriate conduct and sportsmanship will not be able to participate in open gyms.
7. The dates for each in-season is as follows:
 - A. Fall.....First Monday in September to first Monday in November
 - B. Winter...First Monday in December to first Monday in March
 - C. Spring...First Monday in April to last Saturday in July
8. Participation by in-season athletes will not be allowed.
9. Athletes who quit after the first contest of their sport will not be allowed to participate until their season has been completed.
10. Weight training is not considered an open gym and may be year long as long as the skill of the sport is not provided.

Non-School Team Participation

A student who is participating in a sport sponsored by a governing organization may not participate in that particular sport as an individual or a member of a team in an outside school event during the given season of that particular sport. At the conclusion of that sport season, a student may then participate on an outside-school team without jeopardizing eligibility. (*As per IHSA By-laws*)

Transportation

The school district will provide transportation to the scheduled activities. Athletes are expected to return from all out-of-town contests with the squad. Exceptions may be made only if the parents notify the coach in advance to explain the reason for the request and deliver to the coach a note authorizing the release of the athlete to the parent. Parents may pick up only their own child at the conclusion of the event.

Conference Affiliation

Galesburg High School is a member of the Western Big 6 Conference. The Western Big 6 is recognized throughout the state as one of the strongest athletic leagues in the state. Both teams and individuals consistently finish high in state competitions.

The following schools are members of the Western Big 6 Conference:

- Galesburg High School
- Moline High School
- Quincy High School
- Rock Island High School
- Rock Island Alleman High School
- United Township High School

To stay a member in good standing, Galesburg High School must follow the Western Big 6 Conference Constitution and By-Laws, as well as the Illinois High School Association.

NCAA Requirements

The following web site can be used to obtain the current eligibility requirements for Division I or II schools: <http://www.ncaa.org/eligibility/cbsa/academic.html>

Letter Awards

Each coach sets the standards by which awards are earned. The different kinds of awards and when they are issued are listed below:

1. **Numerals** will be issued at the 9th grade level. Numerals may be earned at the 10th grade year if the athlete was not a participant in 9th grade. Any participant on the varsity level who does not meet the criteria necessary to earn a letter, and has not already been issued a set of numerals, will be awarded a set. **Numerals may be earned only one time.**
2. A **Major Letter** is presented the first time an athlete meets the criteria to earn a letter. *Only one major letter is given during an athlete's high school career.*
 - * If an athlete earns a letter in another sport, a swiss insert is given to indicate the different sport in which a major letter was earned.
 - * The **Second, Third, or Fourth Time** an athlete receives a major award in the same sport, the athlete will receive an additional swiss insert.
3. A **Champ Patch** will be awarded to squad members whose team wins the Western Big 6, IHSA Regional, Sectional, or State title.

Recruitment by Colleges

There will be occasions when the athlete is approached by college scouts in efforts to recruit for a particular school. The coach can offer valuable assistance in counseling as to a college that might best fit the needs and abilities of the athlete.

Participation in Another Sport while Initial Sport is Concluding

Athletes should recognize the problems, which would exist by allowing a person to quit one sport before the season is completed and to start practice for another sport. Athletes are not allowed to practice for the next sport in season until the squad they are on has completed its season, except by special approval of the coaches of both sports involved.

Hall of Fame

The purpose of the Hall of Fame for Galesburg High School is to honor and recognize men and women athletes and coaches who have achieved outstanding results in the athletic arena. The award could also be given to others who have given meritorious service to the athletic program of Galesburg High School.

Summer Camps

The coaching staff at GHS sponsors a variety of camps. Participation in these camps is open to all students and will not be limited. Other camps and leagues may however have roster requirements, which will limit participation. Participation in any camps or leagues is not a prerequisite for membership to a team.

Non-discrimination Provision

Community Unit School District #205 does not discriminate on the basis of race, creed, color, sex, age, sexual orientation, or disabling conditions in its educational program, activities, or employment policies and practices as required by Title VI and VII of the 1964 Civil Rights Act, Title IX of the 1972 Education Amendments, and the Federal Rehabilitation Act of 1973. The Director for Human Resources is the Title IX and Affirmative Action Officer of the District and may be reached at (309) 973-2000.

Warning of Risk

Be aware that athletic participation has inherent dangers and risks. Even though your participation in practice and competition is within the rules of your sport and you follow the coach's instructions, there is the chance you could suffer an injury. These injuries may include, but are not limited to, death, serious head, neck, or spinal injuries that may result in complete or partial paralysis or brain damage. Serious injury to any of the internal organs, bones, ligaments, muscles, tendons, or other aspects of the muscular-skeletal system is possible. The injuries that may occur may affect future ability to participate in athletics or recreational activities, earn a living, or engage in other business and social activities. In an attempt to avoid the possibility of injury you should follow the coach's instruction regarding proper techniques, training, and team rules, as well as refrain from unnecessary horseplay, at all times, and participate within the rules of the sport.

Booster Club

The Galesburg Athletic Booster Club is a organization of people supporting high school athletics. Through such projects as raffles, spirit wear sales, program booklets, dues, and concession, the GABC has raised funds to provide the following to the GHS athletic department:

- Remodeled and equipped previous weight room
- Built ticket booth at north end of football field
- Have provided extra funding for every sport at GHS
- Installed watering systems for football and soccer fields
- Annually provides plaques for all senior athletes
- Donated \$100,000 to the pool and Wicall gym
- Built both girls' softball fields
- Raised funds for the new weight room
- Built new multi-purpose building (restrooms, storage, concessions)
- Provided over \$20,000 each year since 2010 to cover District cuts to the athletic budget
- Paid for new equipment to update the weight room

IHSA Athletic Eligibility Rules

The next 2 pages are the current rules from the Illinois High School Association, which govern all extracurricular activities at Galesburg High School. Additional information may be found at www.ihsa.org.



Illinois High School Association

(For 2016-17 School Term)

This summary is for the purpose of assisting in the understanding of IHSAA By-laws and Policies. In case of a conflict between this publication and the constitution and by-laws of the IHSAA, the constitution and by-laws shall control.

Key Provisions Regarding IHSAA Rules

Eligibility Rules

When you become a member of an interscholastic team at your high school, you will find that both your school and the IHSAA will have rules you must follow in order to be eligible for interscholastic participation. The IHSAA's rules have been adopted by the high schools which are members of IHSAA as part of the Association's constitution and by-laws. They must be followed as minimum standards for all interscholastic athletic competition in any member high school. Your high school may have additional requirements, but they may not be less stringent than these statewide minimums.

The principal/official representative of your school is responsible to see that only eligible students represent the school in interscholastic competition. Any question concerning your eligibility should be referred to your principal/official representative, who has a complete copy of all IHSAA eligibility rules, including the Association's due process procedure. Only the IHSAA Executive Director is authorized to make formal rulings on eligibility, so if your principal/official representative has questions or wishes assistance in answering your questions, the principal/official representative should contact the IHSAA Office.

Information contained here highlights some of the most important features of the IHSAA by-laws regarding interscholastic eligibility. It is designed to make you aware of major requirements you must meet to be eligible to compete in interscholastic competition. The information here is only a general description of major by law provisions and does not contain the statement of the by-laws in their entirety. You can review the by-laws at www.ihsaa.org.

You may lose eligibility for interscholastic competition if you are not in compliance with IHSAA by-laws. Remember, if you have any questions regarding IHSAA rules, please contact your principal/official representative.

1. Attendance

- A. You may represent only the school you attend. Participation on a cooperative team of which your school is a member is acceptable.

- B. You must be enrolled and attending classes in your high school no later than the beginning of the 11th school day of the semester.
- C. If you attend school for ten (10) or more days during any one semester, it will count as one of the eight (8) semesters of high school attendance during which you may possibly have eligibility.
- D. If you have a lapse in school connection for ten (10) or more consecutive school days during a semester, you are subject to ineligibility for the rest of the semester. The specific terms of your extended absence must be reviewed by the Executive Director to determine if it is "lapse in school connection" or not.

2. Scholastic Standing

- A. You must pass twenty-five (25) credit hours of high school work per week. Generally, twenty-five (25) credit hours is the equivalent of five (5) .5 credit courses (2.5 full credits).
- B. You must have passed and received credit toward graduation for twenty-five (25) credit hours of high school work for the entire previous semester to be eligible at all during the ensuing semester.

3. Residence

Your eligibility is dependent on the location of the residence where you live full time with your parents, parent who has been assigned custody by the court, or court appointed legal guardian. You may be eligible if you are entering high school as a freshman and:

- A. You attend the public high school in the district in which you live full time with both of your parents, custodial parent or court appointed guardian; or
- B. In the case of a multiple school district, you attend the public high school in the attendance area where you live full time with your parents, custodial parent or court appointed guardian; or
- C. You have paid tuition to attend a public school for a minimum of 7th and 8th grades in a district other than the one where you live with your parents, custodial parent or court appointed guardian and you continue to pay tuition as a high school student in that same district; or
- D. You attend a private/parochial school located within the boundaries of the public school district where you live with your parents, custodial parent or court appointed guardian; or
- E. You attend a private/parochial high school and have attended a private/parochial school for 7th and 8th grades, or for any four (4) grades from kindergarten through eighth grades; or
- F. You attend the private/parochial high school which one or both of your parents attended; or

- G. You attend a private/parochial high school located within a thirty (30) mile radius of the residence where you live with your parents, custodial parent or court appointed guardian.

4. Transfer

- A. In all transfer cases, both the principal of the school from which you transfer and the principal of the school into which you transfer must concur with the transfer in writing on a form provided by the IHSAA Office. *You cannot be eligible when you transfer until this form is fully executed and on file in the school office.*
- B. If you transfer after classes begin for the current school term, you will definitely be ineligible for thirty days from the date you start attending classes at the new high school. In addition, you will be ineligible for that entire school term in any sport in which you engaged in any team activity, including but not limited to tryouts, drills, physical practice sessions, team meetings, playing in a contest, etc. at the school from which you transferred. For example, if you were out for cross country at the school from which you transfer and transfer after the IHSAA sport season has begun, you will be ineligible for cross country that entire school term at the new school.
- C. If you transfer attendance from one high school to another high school, you will be ineligible unless:
 1. Your transfer is in conjunction with a change in residence by both you and your parents, custodial parent or court appointed guardian from one public school district to a different public school district;
 2. Your transfer is between high schools within a public school district and both you and your parents, custodial parent or court appointed guardian change residence to the district attendance area for the school to which you transfer;
 3. Your parents are divorced or legally separated; you transfer to a new school in conjunction with a modification or other change in legal custody between your parents by action of a judge; and required court documents are on file at the school into which you transfer;
- D. If you transfer in conjunction with a change in legal guardianship, a ruling on your eligibility must be obtained from the IHSAA Office.
- E. If you transfer attendance from one school to another while you are ineligible for any reason, the period of ineligibility imposed prior to your transfer or the period of ineligibility that would have been imposed had you stayed at the school, will be enforced at the school to which you transfer, even if you are otherwise in compliance with the by-laws.
- F. Any questions about your eligibility in any of these instances must be resolved by a formal ruling from the IHSAA Executive Director.

Athletic Eligibility Rules—Page 2

G. In all other transfer situations, a ruling by the IHSA Executive Director is necessary to determine your eligibility. This ruling must be obtained in writing by the principal/official representative of the school into which you transfer before you participate in an interscholastic athletic contest.

5. Age

You will become ineligible on the date you become twenty (20) years of age, unless your twentieth (20th) birthday occurs during a sport season. In that case, you will become ineligible in regard to age at the beginning of the sport season during which your twentieth (20th) birthday occurs.

6. Physical Examination

You must have placed on file with your principal/official representative a certificate of physical fitness, signed by a licensed physician, physician's assistant or nurse practitioner in order to practice or participate. Your physical examination is good for 395 days from the date of the exam. The physician's report must be on file with your high school principal/official representative.

7. Amateur Status

- A. If you win or place in actual competition, you may accept a medal or trophy for that accomplishment, without limit to its cost. Your school may provide IHSA state champions with championship rings/mementoes.
- B. For participating in competition in an interscholastic sport, or for athletic honors or recognition in a sport, you may receive any type of award (except cash, check or legal tender) that does not exceed \$75 fair market value. There is no limitation on the value of your school letter.
- C. The amateur rule does not prohibit you from being paid to referee, receiving pay for teaching lessons or coaching in a little kids league, etc. It only applies to your own competition in an athletic contest.
- D. If you violate the amateur rule, you become ineligible in the sport in which you violate. You must be reinstated by the Executive Director before you may compete again.

8. Recruiting of Athletes

- A. The by-laws prohibit recruiting of high school students for athletics. If you are solicited to enroll in or transfer to a school to participate in athletics, you are being illegally recruited and your eligibility is in jeopardy.

B. You will lose your eligibility if you enroll in or transfer to a school in response to recruiting efforts by any person or group of persons, connected with or not connected with the school, related to athletic participation.

C. You will lose your eligibility if you receive special benefits or privileges as a prospective student-athlete which are not uniformly made available to all students who attend your school.

D. You may not receive an "athletic scholarship" or any other special benefit from your school because you participate in athletics.

E. It is a violation for any student-athlete to receive or be offered remuneration or any special inducement which is not made available to all applicants who apply to or enroll in the school.

F. It is also a violation to induce or attempt to induce or encourage any prospective student to attend any member school for the purpose of participating in athletics, even when special remuneration or inducement is not given. Please remember that you may not be offered or receive any benefit, service, privilege or opportunity which is not also provided or made available to all prospective students at that school.

Note: If you are interested in finding out more information about a school, contact the principal/official representative or an administrator at the school, not a member of the coaching staff.

9. School Team Sports Seasons

A. Each sport conducted by IHSA member schools has a starting and ending date. Your school may not organize a team, begin practice or participate in contests in a given sport until the authorized starting date. Your school may not continue to practice or participate in contests after the authorized ending date. This means that:

1. During the school year, you may not participate on a non-school team coached by any member of your school's coaching staff unless it meets specific criteria established by the by-laws.

2. No school coach may require you to participate in an out-of-season sport program as a requirement for being a member of a school team.

B. Violation of the sport season by-laws will result in penalty to you and/or to your school's coaching personnel.

10. Playing in Non-School Competition

A. During the time you are participating on a school team in a sport at your high school, you may neither play on a non-school team nor compete in non-school competition as an individual in that same sport or in any skill of that sport.

B. If you participate in non-school competition during a sport season and subsequently wish to join the school team in the same sport, you will not be eligible.

C. If you wish to participate in a competition sanctioned by the National Governing Body, or its official Illinois affiliate for the sport, your principal/official representative must request approval in writing from the IHSA Office prior to any such participation.

D. You may try out for a non-school team while you are on your school's team in that same sport, but you may not practice, receive instruction, participate in workouts, or participate in competition with a non-school team in that same sport until you cease being a member of your school's team. You cease being a member of your school's team when the team(s) of which you are a member terminates for the school term.

E. You will become ineligible if you participate on, practice with or compete against any junior college, college or university team during your high school career.

11. All-Star Participation

A. After you have completed your high school eligibility in the sport of football, basketball, soccer or volleyball, you may participate in three (3) all-star contests in any of these sports and still play for other school teams, provided the high school season in that sport has been completed. You may lose your eligibility for other interscholastic sports if you play in all-star competition in any of these sports under any other conditions.

B. You are not restricted from participating in all-star competition in sports other than football, basketball soccer or volleyball, except that you may not do so during the school season for the sport.

12. Misbehavior During Contests

A. If you violate the ethics of competition or the principles of good sportsmanship, you may be barred from interscholastic athletic contests, either as a participant or spectator or both.

B. If you are ejected from a contest for unsportsmanlike conduct, you will be ineligible for your team's next contest. You are also subject to other penalties.

District #205 Year-Round Athletic Code

Athletic Code Duration

This Code of Conduct shall be enforced throughout the calendar year from student's first date of participation until his/her graduation or the culmination of the season during an athletes senior year.

Student Participation in Athletics

Galesburg CUSD #205 believes that student participation in athletics and extra-curricular activities enhances the educational experience. When a student elects to participate in an athletic and/or extra-curricular activity, he/she is agreeing to abide by the standards of conduct established in this Code. Participation in athletics and extra-curricular activities is a privilege, not a right. This privilege requires responsibility and discipline, life skills that will help students be successful in life. The intention of the code is to provide guidelines and life long lessons.

Galesburg Schools are members in good standing of the Illinois High School Association (IHSA) and the Illinois Elementary School Association (IESA) and adhere to the IHSA/IESA constitution and by-laws. Galesburg Schools may impose standards and expectations which exceed those required by the IHSA/IESA. (Board Policy 7:300)

Student Athlete Concussions and Head Injuries

A student athlete who exhibits signs, symptoms, or behaviors consistent with a concussion in a practice or game will be removed from participation or competition at that time. A student athlete who has been removed from an inter-scholastic contest or practice for a possible concussion or head injury may not return to that practice or contest unless cleared to do so by a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer. If not cleared to return to that contest, a student athlete may not return to play or practice until the student athlete has provided his or her school with written clearance from a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches in Illinois. (Board Policy 7:305)

Eligibility - High School

Eligibility is designed to create a standard of achievement for students involved in extracurricular and athletic activities. Galesburg High School requires more than IHSA minimum standards in number of passing credits required and grade point average required. In addition, student's academic achievement must demonstrate at certain points in their high school career that they are on track for graduation. Academic achievement is an expectation for those who exercise their privilege to participate in extracurricular and athletic activities. Tutorial services are available to all students at GHS and required for those needing assistance in achieving the eligibility requirements of this code. All students must be enrolled in four (4) blocks.

- I. All students must pass three (3) blocks on a weekly check. Students not passing 3 blocks on a weekly basis:
 - Will be ineligible to participate in interscholastic activities for the following week (Monday-Saturday); and
 - Will be required to participate in a tutorial program approved by the coach and athletic director.
 - Students ineligible for four consecutive weeks are dropped from the team.
 - Eligibility is not cumulative season-to-season.

Students must also pass three blocks each term to be eligible to participate in the next term's activities. A minimum of two blocks must be taken at Galesburg High School. The equivalent of a three-semester hour college course may be substituted for a third and/or fourth block. The college course must be taken for high school credit and pre-approved by the high school administration. The course may be taken for a regular grade counted on the high school GPA, or pass/fail grade which does not count in the high school GPA. Students who do not pass three blocks for the fourth term may use summer school as an extension of the fourth term.

- II. Sophomore, Junior, and Senior students must have a minimum GPA of 1.75 at the end of each term. Grades are cumulative during the grading period and are based on what grade a student would receive if transferring to another school. Students not having a 1.75 GPA will be ineligible for the next term, but may become eligible if the GPA is raised at midterm.

In order to be eligible with a 1.75 GPA, you must have a minimum of 7 grade points. To calculate grade points, A=4 points; B=3 points; C=2 points; and D=1 point.

Term	Midterm Grade Due	Check for Eligibility	P/T Conference	End of Term	Check for Eligibility
1	Friday 9/16/16	Friday 9/23/16	Thursday 9/8/16	Friday 10/14/16	Friday 10/21/16
2	Friday 11/18/16	Wednesday 11/23/16	Thursday 11/10/16	Wednesday 12/21/16	Friday 1/6/17
3	Friday 2/10/17	Friday 2/17/17	Thursday 2/2/17	Friday 3/10/17	Friday 3/17/17
4	Friday 4/21/17	Friday 4/28/17	Thursday 4/6/17	Friday 5/19/17	Friday 5/26/17

C=2 Eligible C=2 C=2 1.75 D=1 7 Total	C=2 Not Eligible C=2 C=2 1.50 F=Q 6 Total
B=3 Eligible C=2 D=1 1.75 D=1 7 Total	C=2 Not Eligible C=2 D=1 1.50 D=1 6 Total
B=3 Eligible C=2 C=2 1.75 F=Q 7 Total	A=4 Not Eligible D=1 D=1 1.50 F=Q 6 Total

- III. Sophomore, Junior, and Senior students must be on track for graduation at the beginning of each school year, as defined by the following:

Class of:	2017-2020
Credits needed for graduation	28
Start of Sophomore Year	6
Start of Junior Year	13
Start of Senior Year	20

Eligibility - High School (Continued)

Students not on track for graduation will become eligible during the school year if they achieve enough credits to be back on track for graduation. Seniors will be checked each term to determine if they are on track for graduation.

A student with any failing grades must participate in a required tutorial program approved by the coach and Athletic Director.

An athlete who is ineligible for three (3) consecutive weeks is also ineligible to practice in the following week. An athlete who is ineligible for a fourth consecutive week shall be dropped from the team.

The responsibility for counting credits, maintaining grade point average, meeting graduation requirements and all other eligibility requirements specifically outlined in the extracurricular code rests with the student and their parents/guardians.

Junior High/Middle School

No pass/no play as defined in the Junior High/Middle School Athletic Handbook. A student with any failing grades must participate in a required tutorial program approved by the coach and Athletic Director.

An athlete who is ineligible for three consecutive weeks is also ineligible to practice in the following week. An athlete who is ineligible for a fourth consecutive week shall be dropped from the team.

School Event Code

School rules are to be followed at all school related events, whether they are at home or away. Students attending extracurricular activities are to display good sportsmanship at all times. Corrective measures may be taken by school personnel who witness district or school rules being broken. The failure to comply with the rules and regulations may result in disciplinary action.

By attending any extra-curricular or night activity, students have expressed a desire to see that event to its conclusion. If students leave the building before the activity is over, students may not return.

Students may be disciplined for engaging in an activity, on or off campus, that interferes with, disrupts, or adversely affects the school environment, school operations, or an educational function, including but not limited to, conduct that may reasonably be considered to: (a) be a threat or an attempted intimidation of a staff member; or (b) endanger the health or safety of students, staff, or school property. This may include but not limited to, personal and/or electronic communications and/or social media. (Board Policy 7:240)

Athletes Must Refrain From Any of These:

- ◆ Hazing or Sexual Harassment as defined by any kind of bullying or aggressive behavior that does physical or psychological harm to a staff person or another student, or urging other students to engage in such conduct.
- ◆ Any other Acts of Misconduct/Misbehaviors as defined in the Student School and Bus Behavior section of the code.
- ◆ Any criminal act defined as a Felony; or Class A Misdemeanor;
- ◆ Possession/use/distribution/sale of drugs or drug paraphernalia including all controlled substances, look-a-likes, alcoholic beverages synthetic compounds or herbal compounds as described in PA 097-0193 (ILCS effective January 2012) are prohibited.
 - ◆ Examples may include, but not limited to, the following types of compounds: Madhatter, G-13, K-2, salts, isomers, etc.; as well as illegal weapons, ammunition, explosives or look-a-likes
- ◆ Being under the influence of illegal drugs or alcohol.
- ◆ Possession/use of tobacco or tobacco products and smoking materials at any school event or activity as per current code including use of electronic cigarettes (E-cigs).

Each violation for drug/alcohol related violations requires mandatory participation in a school-sanctioned abuse/counseling program (at student's expense) in order to maintain eligibility.

Students who are ineligible for academic or code violations may not be in school provided gear including uniforms at interscholastic contests held during the period of ineligibility. (Board Policy 7:190)

Disciplinary Measures

Violation of Behavioral Expectations will result in the following:

- ◆ **First Violation:**
 - ◆ **Consequence:** Suspension from team until the following tasks are completed. This would include all practices/meetings, games/competitions/performances, until student and parent/guardian meet with head coach/sponsor and Building Principal, or designee, to discuss expectations, consequences and next steps.
 - ◆ **Intervention:** student must complete 10 community service hours completed at a local venue, approved by GHS administration. Student must write an explanation letter to Athletic Director, to be kept in a private file, that explains the incident, why the wrong decision was made, and what better decision will be made if/when there is a similar set of circumstances. The student will go before the team and coaches, apologize, and share what better decision will be made if/when there is a similar set of circumstances. If offense is drug, alcohol related, then student must participate in a school-sanctioned abuse/counseling program (at student's expense) in order to regain eligibility. Length of intervention will be determined by support professionals.
 - ◆ If students and parents/guardians do not comply with the intervention program, student will be ineligible to participate in any extra-curricular activity.
- ◆ **Second Violation:**
 - ◆ **Consequence:** suspended for 50% of scheduled games/competitions/performances including IHSAA state series. If less than 50% of the events remain in that activity, the remaining suspension shall carry over to the next extra-curricular activity of participation or during the following year, whichever comes first.
 - ◆ **Intervention:** student, parent/guardian, head coach/sponsor, and Athletic Director must meet before re-participation will be granted to discuss consequences and next steps. If offense is drugs, alcohol related, student must enroll in a school-sanctioned abuse/counseling program (at student's expense), which will require a parent/guardian meeting at the entrance and exit of the program. Length of intervention will be determined by support professionals. *If students and parents/guardians do not comply with the intervention program, student will be ineligible to participate in any extra-curricular activity.

Disciplinary Measures (Continued)

Violation of Behavioral Expectations will result in the following (Continued):

- ◆ Third Violation
 - ◆ Consequence: suspended one full calendar year from all extra-curricular activities from the official suspension date of the third offense.
 - ◆ Intervention: continue to communicate with student regarding good-decision making, eligibility, and life skills.
- ◆ Fourth Violation:
 - ◆ Consequence: suspended from all extra-curricular activities for remainder of high school career.
 - ◆ Intervention: continue to support student as they transition for life after high school.

NOTE: Students who have/had a case in Teen Court are still subject to the terms and conditions of the Year-Round Athletic Code section of the Code of Student Conduct.

Governing Regulations

- ◆ Violations of the Code of Conduct directly impacts student status under the Athletic Code.
- ◆ The number of violations are cumulative throughout the high school or junior high/middle school career.
- ◆ Penalties will carry over to the next sport/activity or school year as deemed necessary.
- ◆ Penalties that carry over must be served on the next sport/activity the student decides to participate.
- ◆ Junior high/middle school code violations do not carry over to the high school, unless the penalty for the code violation was not served in District #205 or other school setting.
- ◆ Violations which occur prior to the start of a season will be enforced during the next sport/activity season in which the student participates.
- ◆ Violations occurring prior to the start of a season will be enforced during the next sport season in which the student is allowed to participate.
- ◆ Athletes are not allowed to participate in a sport for the purpose of serving a suspension in that sport rather than one where the student has a record of consistent participation.
- ◆ Penalties for violations are to be enforced in conjunction with the athlete's record of participation. It is recognized that freshmen and sophomores may not have established a consistent record of participation.
- ◆ Consequences are successfully completed only when the season in which the consequence is served is also successfully completed by the student.
- ◆ All cases are decided within the Code and at the discretion of the Athletic Director.
- ◆ If a violation occurs at the time a student is injured or ineligible, the suspension will start when the student returns to practice or is academically eligible.
- ◆ An athlete suspended from school (ISSP, OSSP) is not able to participate until the full length of the suspension has been served.
- ◆ Disciplinary responses from code violations may not run concurrently.

Disciplinary Procedures

- ◆ Participation in athletics and extra-curricular activities is a privilege, not a right. The District will follow outlined procedures on a case by case basis when administering code violations:
 - ◆ The building administrator or designee involved shall investigate to determine whether or not a violation took place.
 - If a staff member personally witnesses a violation, it shall be considered an offense
 - If a staff member is told of a violation by a school official, law enforcement officer, or parent/guardian of the student involved in the violation or witnessed the violation, it shall be considered an offense
 - If a staff member is told of a violation by a student or non-school person (adult or child), he/she shall consider the offense to be invalid unless the student admits the violation to the staff member, or there is reasonable evidence to support the allegation.
 - ◆ The student and parent will be informed in **advance** of the investigation and the process.
 - ◆ The building administrator or designee, after investigating the allegation, shall meet with the student and parent/guardian to discuss the alleged violation. At this meeting, the building administrator or designee shall present the accusation, discuss the seriousness of the offense, and make a final determination of a violation.
 - ◆ The student and his/her parent/guardian will be provided the opportunity to request a case review of the disciplinary action to the Assistant Superintendent. The case review must be submitted in writing to the Assistant Superintendent within five days of the initial decision.
 - The Assistant Superintendent shall review all pertinent information and communicate the decision in writing within ten days of receipt of the request for case review.
 - The decision of the Assistant Superintendent is final
 - The student is not allowed to participate during the case review process
 - The parent or guardian will be informed of all steps of the process including the case review

Voluntary Admission of Substance Abuse

Voluntary admission, in writing, by a student or their legal guardian of an infraction involving substance abuse will not result in a suspension of participation in activities, but will count as a first violation.

The purpose of this language is two-fold:

- ◆ To encourage the students who believe they have a substance abuse problem to seek help in dealing with that problem.
- ◆ To encourage students who have committed a substance abuse infraction to admit their mistake and recognize they made a poor choice.

Once knowledge of violation becomes known to the school or police, it is too late to use the voluntary admission policy. The provision may be used only once during a student's extracurricular or athletic career in District #205.

Transportation

The transportation code applies in all situations involving athletic events. When necessary, students may be released to ride with parents or guardians only. The transportation code can be found on pages 42-44. (Board Policy 7:220)

Procedures for Random Drug Testing

Secondary Schools

- ◆ Before a student is eligible to participate in athletic/extra-curricular/co-curricular activities, they and their parents must sign an “informed consent” form (along with all other necessary forms).
- ◆ Each participant will be assigned a number which will be stored in a computer program. Sixth graders will be added to the testing group in January of their sixth grade year.
- ◆ Each week for the high school and every other week for the middle schools, five numbers will be randomly drawn from the program. The last drawn number will be used only if one of the four previously drawn students is absent. If a student is absent on the day their number is pulled, he/she will automatically be tested on the next test day. The fifth number, if it is not used, goes back into the larger pool. After each testing cycle, all numbers (excluding an absentee) go back in the pool for the next testing cycle. If a student, who has tested positive within a one (1) month window, is one of the numbers pulled, he/she will not be tested because the substance would most likely still be in his/her system. He/she will be placed back in the system for future selection.
- ◆ The Athletic Director, Activities Director, Building Administrator, or their designee will escort the selected participants from their classrooms to the designated testing site.
- ◆ The authorized testing vendor will ensure that all testing procedures, integrity specifications, and confidentiality measures are met. At the time of collection a split specimen will be taken with one labeled A and the other B. “A” will be used for the initial test.
- ◆ Students who admit to using prohibited substances on the way to the testing site for drug testing, will not be tested, but will receive the appropriate consequences (1/3 season suspension, etc.) This admission will not be considered a “Voluntary Admission of Substance Abuse”.
- ◆ If a student tampers with the sample or refuses to be tested, it will be deemed a positive result and appropriate consequences will be imposed.
- ◆ Parents/guardians should ensure that all prescription medications that students are taking are listed in the students’ Health Records information which is available through the school nurse. If a student is taking a short term prescription medication which is not recorded in the Health Records and results of a random drug test are positive, the student has until the next school day at 3:00 PM to supply a physician’s script or the pharmacy bottle with the label attached to the school nurse for verification. The student may continue to participate until the deadline. If no valid reason for the positive test is supplied by the deadline, the appropriate consequences will be imposed.
- ◆ The vendor will notify the Athletic Director, Activities Director, or Building Administrator of the test results. Parents/Guardians shall be notified of a positive test result as soon as possible. Students with negative test results will be mailed a congratulatory letter to them and their parents.
- ◆ If a student tests positive for a prohibited substance, that student and his/her parent/guardian shall be required to meet with the Athletic Director, Activities Director, or Building Administrator to determine appropriate follow-up steps.
- ◆ If a student or parent/guardian believes the test results are erroneous, the parent/guardian has a right to request that a second test be conducted by the approved vendor. The cost will be borne by the student/parent/guardian. The parent must make the request to the Athletic Director, Activities Director, or designee and pay for the test within 3 business days of the positive result. The student will not be allowed to participate until the second test results are available. Sample “B” will be used to conduct the second test. The results of the second test will be considered final. If the second test proves negative, the parent will be reimbursed for the cost of the test.
- ◆ Consequences for positive test results will be imposed as outlined in the Code of Conduct.
- ◆ Additionally, a student and a parent/guardian must complete the Insight Program at Bridgeway or complete a treatment plan as recommended by the Bridgeway staff prior to returning to the activity.
- ◆ All costs, beyond the Insight Program, associated with assessment, treatment, and follow-up testing shall be borne by the student or the student’s parent/guardian.
- ◆ The District will not release information concerning the test results and follow-up procedures to the public. The information will be shared with appropriate individuals that need to know such as parent/guardian of the student, a coach, club sponsor or supervisor if the student is limited in any way with respect to participation in an extra-curricular activity.
- ◆ Information regarding a positive test will **not** be placed in a student’s permanent file nor will there be any academic sanctions for a positive test.

Community Unit School District No. 205
of Knox and Warren Counties
Herein known as C.U.S.D. #205

Consent to Perform Drug Testing

We hereby consent to allow the student named on the front of this form to undergo urinalysis testing for the illegal use of drugs and/or alcohol in accordance with the Policy and Procedure for Random Drug Testing of Secondary Students participating in extra-curricular/co-curricular activities as approved by the CUSD #205 Board. Sixth graders will be added to the testing group in January of their sixth grade year.

We understand that the collection process will be overseen by a qualified Vendor.

We understand that any urine samples will be completed and analyzed by said Vendor, and that the samples will be coded to provide confidentiality.

We hereby give our consent to the medical Vendor selected by the CUSD #205 Board, their laboratory, doctors, employees, or agents, together with any clinic, hospital, or laboratory designated by the selected vendor to perform urinalysis testing for the detection of illegal use of drugs and/or alcohol.

We further give permission to the Vendor selected by the CUSD #205 Board, its doctors, employees, or agents, to release all results of these tests only to the Athletic Director, Activities Directors, and/or Building Administrators of C.U.S.D. #205. We understand these results will also be made available to us, as parent/guardian/custodian.

We understand that consent pursuant to this Informed Consent Agreement will be effective for all extra-curricular and co-curricular activities in which this student might participate while a student at Churchill Junior High School, Lombard Middle School, and/or Galesburg High School.

We hereby release the CUSD #205 Board of Education and its employees from any legal responsibility or liability for the release of such information and records.

**READ AND SIGN THE INFORMED CONSENT
AGREEMENT ON THE REVERSE SIDE OF THIS PAGE.**

This consent is applicable to students who are under 18. Students who are 18 are of the age of the majority. They are responsible for signing. By signing this form they are granting consent for the test results to be released to their parents.

CUSD NO. 205

SECONDARY SCHOOLS INFORMED CONSENT AGREEMENT

Student Name _____ Grade _____
(Please Print)

Please indicate extra-curricular/co-curricular activities in which you plan to participate in this year:

AS A STUDENT:

- ◆ I understand and agree that participation in extra-curricular/co-curricular activities is a privilege that may be withdrawn for violations of the Code of Conduct and/or other school policies.
- ◆ I have read the Code of Conduct and the Random Drug Testing Policy and thoroughly understand the consequences that I will face if I do not abide by it.
- ◆ I understand and realize that there is risk of injury in participating in extra-curricular/co-curricular activities defined in this policy.
- ◆ I understand that when I participate in any extra-curricular/co-curricular activities defined in this policy, I will be subjected to random urine drug testing, and if I refuse to sign the consent form, I will not be allowed to practice or participate in the activities. I have read the consent on the reverse of this form and agree to its terms.
- ◆ If I refuse to take a test if selected, it will be deemed a positive result and the appropriate consequences will be imposed.
- ◆ Sixth graders will be added to the testing group in January of their sixth grade year.

Student Signature Date _____

AS A PARENT/GUARDIAN/CUSTODIAN:

- ◆ I have read the Code of Conduct and the Random Drug Testing Policy and understand the responsibilities of my son/daughter/ward as a participant in extra-curricular/co-curricular activities in District #205 Secondary Schools.
- ◆ I understand and realize that there is an assumed risk of injury involved for my son/daughter/ward as a participant in extra-curricular/co-curricular activities defined in this policy.
- ◆ I understand that my son/daughter/ward, when participating in these extra-curricular/co-curricular activities, will be subjected to random urine drug testing, and if they refuse to sign the consent form, will not be allowed to practice or participate in any activities. I have read the consent on the reverse of this form and agree to its terms.
- ◆ If my son/daughter/ward refuses to take a test if selected, it will be deemed a positive result and the appropriate consequences will be imposed.
- ◆ Sixth graders will be added to the testing group in January of their sixth grade year.

Parent/Guardian/Custodian Signature Date _____

Parent/Guardian/Custodian Name (Print) Home Phone Work Phone

READ CONSENT TO PERFORM URINALYSIS FOR DRUG TESTING ON REVERSE SIDE